

The Resource Book



24/7 Hotline: 856-227-1234

Outreach: 856-963-5668

The Resource Book

PURPOSE

Anyone can be a victim of domestic violence. Abuse occurs in all age groups, social or economic classes, races, religions, and/or educational levels.

This handbook is intended to provide some options and information on various alternatives and resources available to you.

The DVRT is a Program of:

Camden County Women's Center

Mission statement: To help women and men achieve safety, security, and the strength to move forward.

CCWC is the state designated agency for domestic violence services in Camden County, New Jersey.

24/7 Crisis Hotline

856-227-1234

www.camdencountywomenscenter.org

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Camden County Women’s Center

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About Camden County Women's Center...

Free and Confidential Services

Emergency Safe House

24/7 Hotline 856-227-1234

- Located in Camden County
- Short Term Shelter, 45 days
- Intake completed via 24/7 Hotline along with safety planning.

- Upon arrival, assessment of needs of services is completed within 72 hours
 - Medical
 - Mental Health
 - Financial
 - Legal
 - Housing
 - Children
 - Employment

- Safe House provides:
 - Individual and Group support
 - Addressing Trauma, Parenting, Finances
 - Home-cooked meals
 - Accommodating all dietary need
 - Housing Advocacy
 - Legal Advocacy
 - Advocacy for children
 - School relocation, parenting, assessments

Outreach and Support Center

311 Market Street, Camden NJ 08102

856-963-5668

- Intensive Case Management: One-on-one supportive, non-judgmental case management services are offered and provide clients with:
 - Emotional Support
 - Risk Assessment
 - Safety Planning
 - Information and Referrals
 - Advocacy
 - Domestic Violence Education
 - Support Groups
 - Financial Empowerment
 - Trauma and Self Care
- Court Advocacy: Our Court Advocates are in place to assist clients in understanding their rights as victims of domestic violence. At Superior Court, our legal advocate assists clients in applying for restraining orders, connects to legal services in the area, prepares victims to testify, and plans for clients' safety. On the Municipal Court Level, this role supports victims of domestic violence with legal paperwork, safety planning, and emotional support for victims.
- Domestic Violence Response Team: Volunteer-based County-wide program that assists survivors of domestic violence during crisis while in a police station or hospital. All volunteers are 40-hour trained by CCWC.
- PALS (Peace A Learned Solution): A creative arts therapy program for children who have resided in homes where domestic violence has been present, as well as their custodial parent or guardian. Talk, play, art, music, and movement therapies are utilized to assist in healing.
 - Eligibility:
 - Children ages 3-12
 - Custodial parent/guardian who is no longer living where domestic violence is present.

What is Domestic Violence?

Domestic Violence is a pattern of coercive and abusive behavior used by one partner toward another to maintain control and an uneven balance of power within an intimate relationship.

These behaviors often alternate between violence, which creates fear and intimidation in the victim, and caring behaviors which reinforce the relationship.

He (She) does not abuse other people; Waits and abuses the person he claims to love; Chooses the violent behavior and the violence escalates as time goes on.

The word "Abuse" is used throughout this handbook, and it indicates behavior that is inflicted upon an individual by a person with whom he or she is involved in an intimate relationship. **Abuse is not "losing it."** Abusers use one tactic after another. An abuser will use any one or more tactics to gain advantage over their partner. The cumulative effect can be devastating to family members or loved ones and an abuser counts on that.

Abuse includes, but is not limited to, the following:

Verbal Abuse could be yelling, name-calling, constant complaining, criticizing, blaming you for everything, humiliating you in public or private, dominating conversations, teasing you about topics you're sensitive about, employing total silence as punishment.

Psychological Abuse could be dismissing your reality and experiences, "remembering" things that didn't happen or never remembering anything, making up rules that you "should have known," creating an atmosphere in which you may begin to question your own reality.

Emotional Abuse could be ignoring your feelings, ridiculing beliefs, withholding approval, threatening to take away the children, telling you about his/her affairs, manipulating you with lies, threatening to leave you, abusing pets or children, driving away family or friends, threatening to "out" you if you're gay, threatening suicide if you leave, threatening to turn you into the law.

Financial Abuse could be taking the paychecks, withholding funds, not giving any money for basic requirements, spending all the money before bills are paid, demanding money from you, giving an allowance, causing you to lose a job, damaging credit, making you account for every dime, threatening or refusing to pay child support, demanding spending desires are priority, hiding money or assets and depleting accounts.

Physical Abuse could be pushing, scratching, slapping, hitting, punching, choking, kicking, holding, biting, throwing, locking out of the house, driving recklessly when in a vehicle together, throwing objects, threatening to hurt you with a weapon, abandoning you in dangerous places, and refusing to help when you may be pregnant, injured or sick.

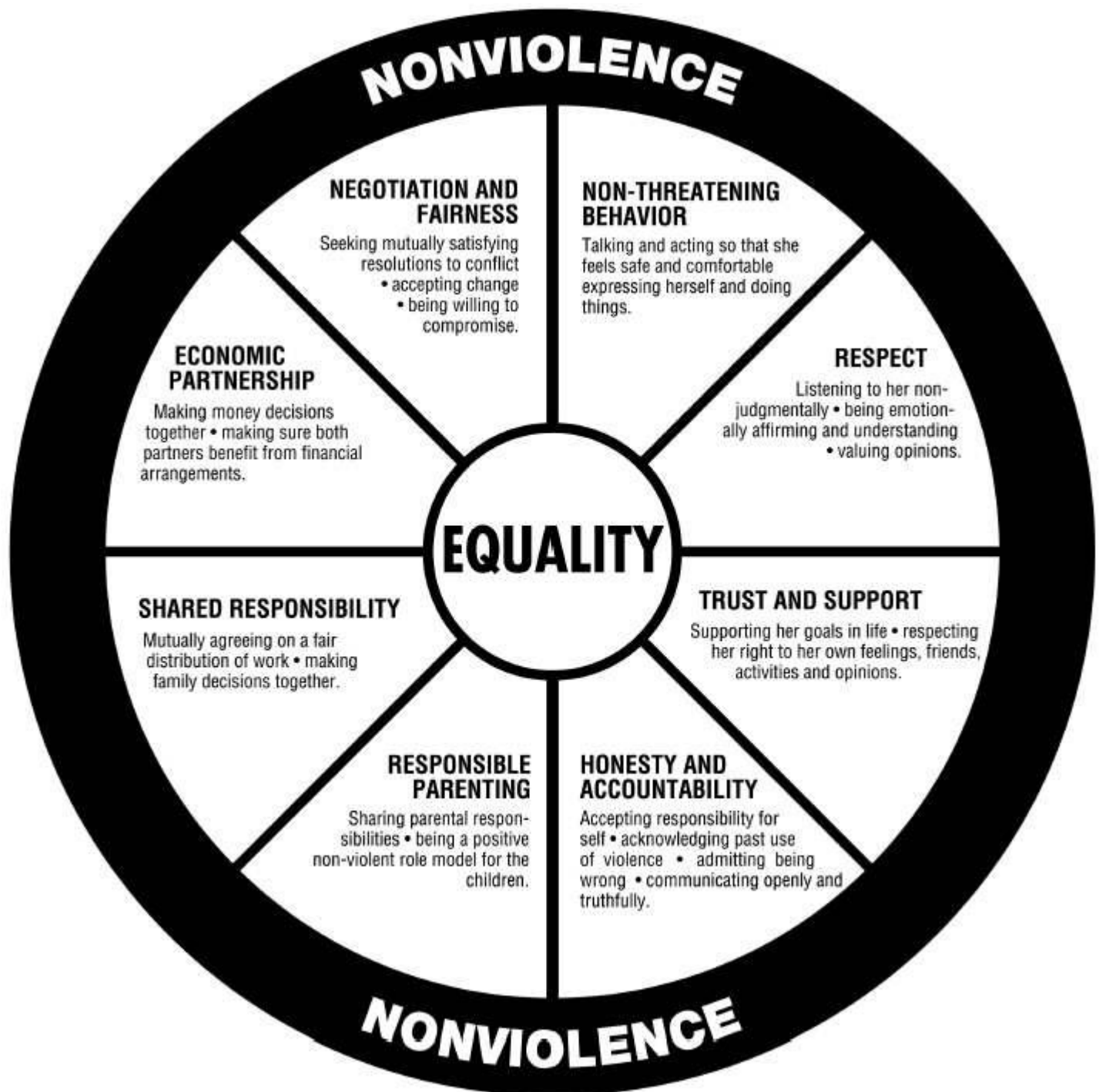
Sexual Abuse could be when an abuser insists that you dress in an uncomfortable sexual way, calling you sexual names, forcing you to strip, forcing unwanted sexual acts, criticizing you sexually, insisting upon sex when you say "no," and using pictures or intimate knowledge of you to humiliate you.

Domestic Abuse is about CONTROL. Abusers use the POWER they have to establish control within a relationship, socially and physically. This is shown in the Power and Control Wheel (below).



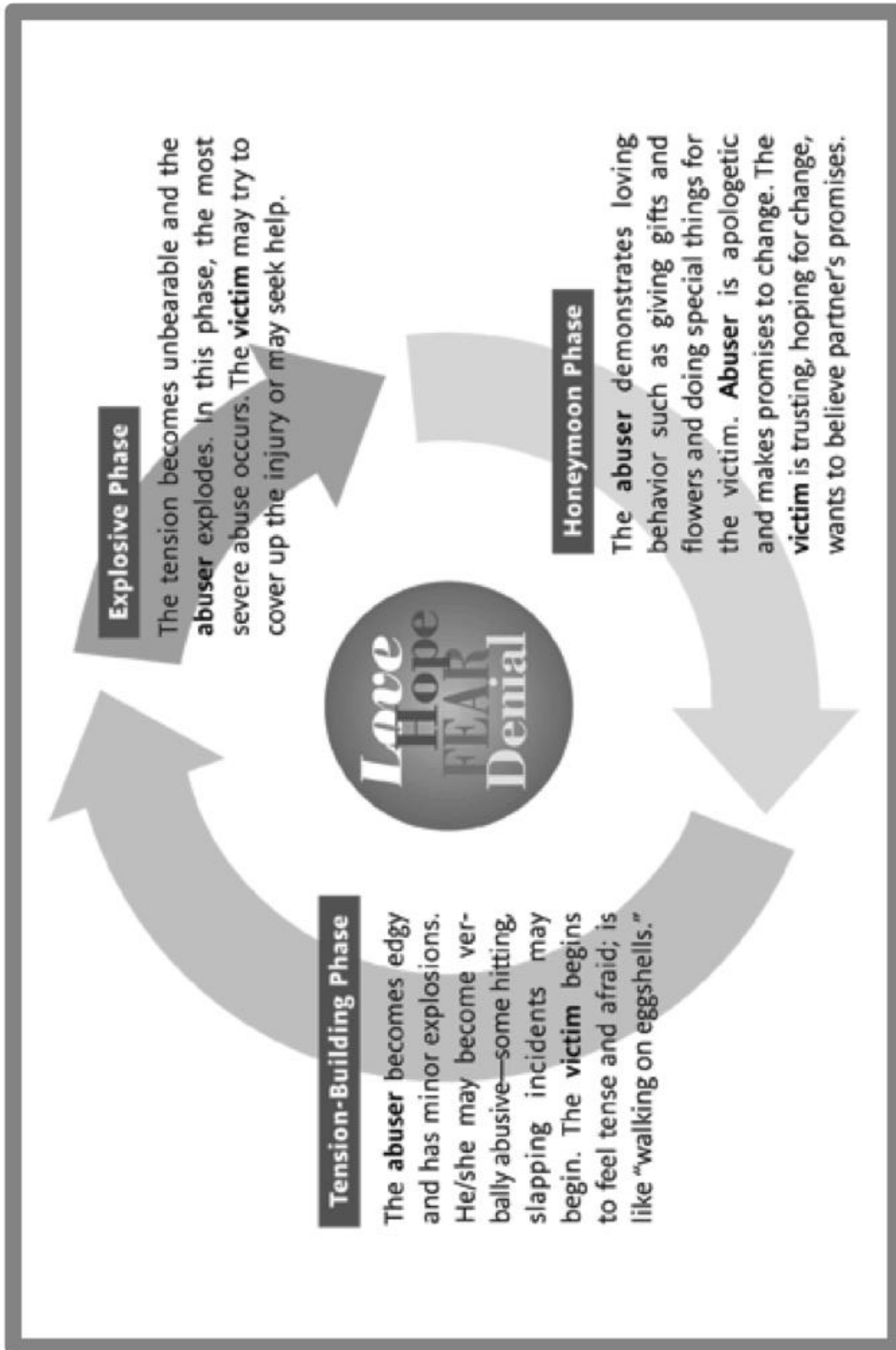
-Duluth

The Power and Control Wheel is used in concert with the Equality Wheel (below) to help show alternate ways of being in a relationship, free of violence and controlling behavior.



-Duluth

People's experiences of domestic violence may follow a pattern known as the Cycle of Violence. However not everyone's experiences are the same. Sometimes a 'phase' does not occur, or two or more 'phases' can occur simultaneously.



What are my rights?

The Prevention of Domestic Violence Act

You have a legal right to be free from physical harm, abuse and threats. The NJ law that offers you this protection is called The Prevention of Domestic Violence Act and is considered to be the strongest in the country.

Criminal vs. Civil Justice System

The criminal and civil justice systems provide different options for legal protection.

- **In the criminal system**, your abusive partner may be charged with a crime. Once charges are filed, the prosecutor alone makes the decisions about your case, including whether or not your case will go forward or be dismissed. You will be subpoenaed, which means you'll be required to appear and testify in court. If convicted, the abuser may be jailed or placed on probation.
- **In the civil justice system**, you can obtain a restraining order. In this system, you make all the decisions regarding your case instead of the prosecutor. Also, your abusive partner does not face criminal charges, unless he or she violates your protection order. A protection or restraining order is a FREE court order that a judge can issue to protect you from an abusive dating partner.

This order can prevent your current or ex-partner from:

- Threatening or abusing you
- Coming to your school, home or work
- Contacting or coming near you or your family
- Possessing a gun

The order may also require your current or ex-partner to:

- Move out of your home
- Participate in counseling or a batterer's intervention program
- Agree to a custody and visitation schedule, if you have children
- Pay your attorney's fees or pay for other harm you suffered
- Give you use of shared personal property
- Do anything else the court finds is necessary for your protection
- Pay you child support or spousal support

A restraining order can be changed if things in your life change (for example, if you transfer to a new school or get a new job).

You can get a protection order against someone who:

- You are/were dating, living with or married to OR
- You have a child with (including if you are currently pregnant)

The law requires you to show that your current or ex-partner committed one of the following NJ Acts of Domestic Violence:

- Homicide
- Sexual assault
- Harassment
- Assault
- Lewdness
- Stalking
- Terroristic threats
- Criminal sexual contact
- Robbery
- Kidnapping
- Criminal mischief
- Criminal Coercion
- Criminal Restraint
- Burglary
- Criminal Contempt of a DV order
- False imprisonment
- Criminal trespass

*-Love is Respect
-Rutgers Law School
-NJ Courts*

How Do I Get a Restraining Order?

You may obtain a restraining order against anyone over the age of 18.

The first step is to obtain one from the Hall of Justice (HOJ), also known as Family Court and Superior Court, located at 101 South 5th Street in Camden (on the corner of 5th and Martin Luther King Boulevard) on the 2nd floor by filing a request for a temporary restraining order (TRO). The court clerk provides forms for you to fill out, asking for your name and contact information in addition to your abusive partner's name and primary information.

You will speak with a Domestic Violence Hearing Officer (DVHO) after the forms are filled out. If you have it, provide as much evidence as possible, so make sure to bring pictures of injuries and copies of threatening emails, text messages, voicemails and Facebook posts.

Mention an entire history of abuse with the partner whether or not police were called or reports were filed.

After you complete the necessary forms, the DVHO or a judge will determine if you qualify for a TRO, and if so, they will schedule a formal hearing for about 10 days (could be less) later. If you are denied a TRO, you can file for an appeal or attempt to get a TRO again, by completing the process from the beginning again.

With a NJ TRO, you will have protection of the courts until the date of your formal hearing. If you left something out of the TRO that you want included, you can amend your paperwork at the HOJ and can request CCWC's legal advocates for assistance by calling 856-963-5668.

As you get ready for the FRO hearing, here are some helpful tips and information about preparing...

Preparing for a Final Restraining Order Hearing

FRO hearings are held at the HOJ. FRO hearing can take up to an entire day, so be prepared to inform your workplace and arrange childcare as needed.

- I. **Review your TRO** - sometimes these contain submissions or omissions that are incorrect. Because of the rushed nature of the TRO process, law enforcement agents do not include many details of the abuse. Also, they may have not been able to include the full nature of your abuse history with the defendant. This history can include all reported and unreported incidents you may have had with the defendant. If you need to correct or include more information, you can amend this TRO.
 - A. Amending Your TRO: It is important to “amend” your initial documents if you want the judge to listen to testimony about other incidents you did not originally include. Otherwise, the judge **may** not let you bring it up at the hearing. This is because the defendant has a right to know in advance generally (not specifically) what you will be talking about, so it is your responsibility to at least list the acts you will want to tell the judge about in the hearing.
 1. If you need to amend, you can do so at your first hearing for the Final Restraining Order at Superior Court (Hall of Justice Courthouse in Camden)
 - i. First, let the court staff (usually the person who you check in with) or advocates know that you would like to amend your complaint to include incidents that are not described in your TRO.
 - ii. Next, the court staff will provide you with an affidavit. On this sheet describe the additional incidents you want the judge to consider in the FRO hearing. Again, this can include all reported and unreported history and it is important to list the incidents from the most recent to the oldest providing dates or time frames of the incidents.
- II. **Gather all the documents** and/or physical evidence you will need to bring to the hearing. The documents and evidence might include:
 - Voicemails on your cell phone
 - Torn clothing
 - Medical records
 - Police reports (in order to put these into evidence, the officer who wrote the reports must be present for the hearing)
 - Pictures showing the harm done to you or your belongings by the defendant
 - Actual items broken by defendant (if small enough to bring into court)
 - Witnesses who can testify if they actually saw the incident or your injuries
- III. **Preparing Your Testimony:** At the hearing, you will have an opportunity to tell the court what has happened. Before you appear in court on the day of the hearing be sure to review your testimony.
 - A. Consider what you want to tell the judge. Try to remember the date(s)/time(s) incident(s). Write down important words that may help you to remember your testimony.
 - B. The judge will ask you to discuss the most recent incident of domestic violence first. After you have discussed the most recent incident, the judge will likely ask you to discuss any other incidents of domestic violence. **This means any incident of domestic violence can be included, not just ones that you have reported to the police or resulted in previous restraining orders.**
 1. Be sure to provide as much descriptive information as possible, explaining to the judge how the incident began, and focus on the acts of violence.

- i. For example, do not simply say, “he hit me” or “we had an altercation.” These do not paint the picture for why you need a restraining order. Instead, describe exactly what happened.
 - If defendant hit you, did he hit you with a closed or open fist?
 - Did you fall? Hit a wall? Were you on a bed or couch?
 - Did the defendant break or destroy anything?
 - Did you put up your hands to protect yourself?
 - Did you require medical attention?
 - Were the children present during the incident? Did he know you were pregnant?
 - Did the defendant threaten your life?
 - Did the defendant threaten to take or harm the children?
 - Have there been incidents like this in the past?
 - Has there been sexual abuse? Verbal/Psychological/Emotional abuse?
 - **If you are in fear of the defendant, make sure to tell the court that.** Be ready to tell the court specifically why you are afraid of the defendant, including anything he has said or done that has made you feel afraid.
 - **Although you will not be allowed to read off your notes during the trial, you may want to jot down a list of key words/events that will help you remember.**
 - *****The judge cannot talk about money or custody, unless he or she decides to grant a final restraining order. You will have an opportunity then to tell the judge what your expenses are and what you believe the defendant’s income is.

IV. Seeking an Attorney

A. If you want and can afford an attorney, contact one immediately.

1. Our Referrals:

- i. Dina Gattuso, Esq. - 856- 232-8200
- ii. Camden County Bar Association – Lawyer Referral Service - 856-482-0618
- iii. Or contact our legal advocate at 856-963-5668.

B. If you cannot afford a lawyer, contact one immediately.

1. Our Referrals:

- i. Camden Center for Law & Social Justice - 856-583-2950
- ii. Rutgers Law School - 856-225-6425
- iii. LSNJ-LAW - 1-888-576-5529
- iv. South Jersey Legal Services - 856-964-2010
- v. Or contact our legal advocate at 856-963-5668.

C. If the defendant comes to the hearing with an attorney, you have the right to the judge during the first hearing for a **“Two-Week Postponement”** so that you can seek an attorney.

V. At the Courthouse

A. Upon entering the building, you will go through security and metal detectors. Next you will head to the second floor. When you get off the elevator/stairs you will check in with the Sheriff's Officer at the desk near the elevators. If you need to speak with a representative of Camden County Women's Center or Rutgers Law Clinic, tell the officer at the desk by the elevator and he or she will connect you.

-Rutgers Law School

Personalized Safety Plan

Step 1: Safety during a Violent Incident

I will practice using the following plan. Be prepared even if you think you will never have to leave.

A. If I decide to leave I will

(Practice how to get out safely. What doors, windows, elevators, stairwells, or fire escapes would you use?)

B. I can keep a bag ready and put it (place) _____ so that I can leave quickly. ___ Car Keys

C. I can tell _____ about the violence and have them call the police if they hear or see anything suspicious coming from my house or if violence erupts.

D. I can teach my children to use the telephone to call the police _____ or a safe contact
Name: _____ Phone: _____

E. I will use this code word _____ for my children, friends, and family to call for help.

F. If I have to leave my home, I will go to _____.
(Safe places your abuser may not think to find you such as: police department, shelter, Church, trusted family member)

G. When an argument erupts I will move to a safer room, such as: _____. **Try to avoid arguments in the bathroom, kitchen, garage, near weapons, or in rooms without access to an outside door.**

H. I will use my instincts and judgment. If the situation is very serious, I can give my partner what they want to help calm them down. I will protect myself and my children until we are out of danger.

WARNING: Abusers try to control their partner's lives. When abusers feel a loss of control, like when the partner tries to leave them, the abuse often gets worse. Take special care when you leave. Keep being careful even after you have left.

Step 2: Safety when Planning to Leave

- A. I will leave money, clothing and an extra set of keys with _____ so I can leave quickly.
- B. I will keep copies of important documents or keys at _____.
(Such as Court Papers, Birth Certificates, Passports, Immigration Papers, and Medical Records)
- C. I will open a savings account by this date _____, to increase my independence.
(Consider having the bank statement sent to a trusted friend or family member).
- D. Other things I can do to increase my independence, include:

- E. I understand that if I use a telephone calling card, the following month the telephone bill will tell the batterer who I called after I left. I will keep this information private by using a prepaid phone card, using a friend's telephone card or calling collect.
- F. I will check with _____ and _____ to know who would be able to let me stay with them or lend me money.
- G. I will sit down and review my safety plan every _____ (time frame) in order to plan the safest way to leave the residence.

I will review the plan with _____ (friend, counselor or advocate).
- H. I will rehearse my escape plan and practice it with my children.

***The Camden County Domestic Violence Shelter 24 Hour Hotline number is (856)227-1234
National Domestic Violence Hotline number is 1-800-799-SAFE***

Step 3: Safety in My Own Home – After I have Left the Relationship

- A. I can install a security system, outside lights, change my locks on doors and windows, add window bars, and use poles to wedge against doors or chairs under the door knob
- B. I can replace wooden doors with steel/metal doors.
- C. I can purchase chain ladders to be used for escape from second floor windows.
- D. I should install smoke and carbon monoxide detectors and purchase fire extinguishers for each floor in my house/apartment.
- E. I will teach my children how to use the telephone to call to me, 911 or _____ (friend, family, minister) in the event that my partner tries to take the children.
- F. I will tell people who care for my children which people have permission to pick up my children and that my partner is not permitted to do so: school, day care, babysitter, teacher, church member, other

Step 4: Safety with a Restraining Order

- A. I will keep my restraining order _____ (location). **ALWAYS keep a copy of it with you.**
- B. I will give my restraining order to the police departments in the communities where I work and live, and where I usually visit family and friends and go to religious services.
- C. I can call my local domestic violence agency if I am not sure how to register my restraining order with the police departments or if I have problems or questions.
Camden County Women's Center: Hotline (856) 227-1234, Outreach (856) 963-5668
- D. I will inform the following people that I have a restraining order _____ and _____ (family, friends, school, employer, church, other).
- E. If my partner destroys my restraining order, I will go to the County Courthouse and get another copy.
- F. If my partner violates the restraining order, I will call the police or 911 and report it. I will call my attorney, case manager or tell the courts about the violation.
- G. If law enforcement does not help, I will call my contact a CCWC case manager or an attorney. I can file a complaint with the Chief of the Police Department.
- H. I can also file a private criminal complaint with the district judge in the town that the violation took place or with the District Attorney. I can charge my partner with a violation of the restraining order and all crimes that he/she commits in violating the order. I can call a **Domestic Violence Advocate** to help me with this.

Step 5: Safety on the Job and in Public

- A. I can inform my boss, the security supervisor, and _____ at work about my situation.
- B. I can ask _____ at work to help screen my telephone calls.
- C. When leaving work, I can do the following:

- D. If I am driving home from work and problems arise, I can do the following:

- E. If I use public transportation, I can do the following:

- F. I will shop at different grocery stores and shopping malls at different hours than I did when I was with my partner.
- G. I will use a different bank and bank at different hours than I did when I was with my partner.
- H. I can also do the following:

Step 6: Safety and Substance Use

Drug and Alcohol Use

- A. If I am going to use, I can do so in a safe place and with people who understand the risk of violence and who are committed to my safety.
- B. If my partner is using, I can _____ and/or _____
- C. To keep my children safe, I might _____
- D. If I need help for my drug or alcohol use I can call my CCWC advocate.
Alcohol and Substance Abuse Unit Camden County information and referrals 856-374-6361
CRISIS Assistance and 24 hour substance abuse information 877-266-8222

Step 7: Safety and My Emotional Health

A. If I am thinking about or returning to a potentially abusive situation, I can

I can talk to: _____

B. When I have to talk to my partner in person or by telephone, I can

C. I can tell myself “_____” whenever I feel that others are trying to control or abuse me.

D. I can call _____ and _____ for support.

E. Things I can do to make me feel stronger:

I can read: _____

I can attend: _____

I can listen to: _____

Other: _____

F. I can attend workshops and support groups at the domestic violence program to gain support.

Step 8: Helping to Keep My Children Safe

A. I will talk to my child about Family Violence and Safety.

B. I will make sure my children know their address and phone number (with area code)

C. I will teach my children how to dial 911 and to give our name, address and describe what has happened.

D. I will make sure my child understands that he/she needs to be away from the fight or other dangerous situation before calling.

E. I will teach my children not to get in the middle of a fight. He/she can go to the following safe rooms (avoid small places, kitchen, garages or rooms without a door/window/exit):

F. If things are unsafe I will teach my children to go to the following safe people and places. I will make sure my children have a list of safe phone numbers they can call.

G. I will use the following code word _____ for my children to let them know it is unsafe and they need to leave the house.

H. I will tell my children the follow:

___ Family violence is not their fault.

___ If someone makes you feel scared or uncomfortable, get away and tell a grown up. It is good to tell someone.

___ We don't keep secrets about touching in our family.

IMPORTANT ITEMS TO TAKE WHEN LEAVING

Items below marked with a * are the most important to take. If there is time, the other items might be taken or stored outside the home.

Checklist:

- | | |
|--|---|
| <input type="checkbox"/> Identification for myself * | <input type="checkbox"/> Social Security Cards (for everyone) * |
| <input type="checkbox"/> My Birth Certificate * | <input type="checkbox"/> Driver's License and Registration * |
| <input type="checkbox"/> Passport * | <input type="checkbox"/> Immigration Papers/ Green Card * |
| <input type="checkbox"/> Children's Birth Certificates * | <input type="checkbox"/> School Records and Vaccinations * |
| <input type="checkbox"/> Money * | <input type="checkbox"/> Checkbook, ATM Card, Credit Cards * |
| <input type="checkbox"/> Keys: House, Car, Office, Other * | <input type="checkbox"/> Medicine * |

Other Items:

- | | |
|---|---|
| <input type="checkbox"/> Welfare Identification | <input type="checkbox"/> Work Permits |
| <input type="checkbox"/> Divorce Papers | <input type="checkbox"/> Medical Records |
| <input type="checkbox"/> Lease/Rental Agreements, House Deed, Mortgage Payment Book | |
| <input type="checkbox"/> Bank Books | <input type="checkbox"/> Insurance Papers |
| <input type="checkbox"/> Address Book | <input type="checkbox"/> Pictures of children |
| <input type="checkbox"/> Children's Favorite Toys/Blanket | <input type="checkbox"/> Items of Special Value |

IMPORTANT TELEPHONE NUMBERS

Police Department – Where you live:

Police Department – Where you work:

Police Department – Where you and your children go to school: _____

Prosecutor's Office: 856-225-8400

Camden County Women's Center: Hotline 856-227-1234 or Outreach Office 856-963-5668

National Domestic Violence Hotline: 1-800-799-SAFE (7233), 1-800-787-3224 (TTY)

I will keep this document in a safe place and out of reach of my potential abuser.

Review Date: _____

Resources

Reaching out for help to stop domestic violence in a relationship, and navigating the complex resources in the community can be difficult. It can be hard to know where to go for help and it may not be clear how programs can support an individual's efforts to live a life free of violence and abuse.

The resources listed in this section are gathered, recommended, and utilized by CCWC in helping survivors journey towards safety, hope and healing.

Domestic Violence Services

Camden County Women's Center
856-227-1234

Services: 24 Hour Hotline and Safe House

Camden County Women's Center Outreach and Support

Location: 311 Market Street, Camden NJ 08102

Phone: 856-963-5668

Services: Case management, bilingual support services, support groups, legal advocacy, PALS-children's program, domestic violence response team, address confidentiality program lead.

Victim Advocacy

Camden County Prosecutor's Office
Office of Victim Witness – Domestic Violence Unit

Location: 25 N. 5th Street, Camden NJ 08102

Phone: 856-225-8400

Services: Information and assistance with the Criminal Justice Process, and advocacy with Victim Information Notification Everyday (VINE) and Victims of Crime Compensation (VCCO).

Legal Services

Camden Center for Law & Social Justice

Location: Camden, NJ

Phone: 856-583-2950

Services: Domestic Violence Restraining Orders, Divorce, Child Custody, Immigration, Free Restraining Order representation, \$30/Consult, free if 200% below Poverty Level.

Rutgers Law School: Domestic Violence Pro Bono Project, help with Restraining Orders

Rutgers Clinic: Child Custody Issues, Immigration

Phone: 856-225-6425

Camden County Bar Association – Lawyer Referral Service

Phone: 856-482-0618

LSNJ-LAW

Phone: 1-888-576-5529

South Jersey Legal Services

Location: 745 Market Street, Camden NJ 08102

Phone: 856-964-2010

Services: Assistance with child custody, child support, divorce and other legal issues.

Hotlines

Camden County Women's Center Domestic Violence 24/7	856-227-1234
National Domestic Violence (Bilingual and TTY Accessible) 24/7	1-800-572-7233
SERV – Sexual Assault	856-964-1990
CONTACT Community Helpline – Crisis	1-877-266-8222
Children's Support Hotline	1-877-655-4371
SOS – 24 Hour Teen Support Hotline	1-800-355-0660
The Trevor Project (Camden County) – LGBTQ 24 Hour	1-866-488-7386
Aids Hotline	1-800-624-2377
Human Trafficking Hotline 24 Hour	1-877-986-7534
Shalom Task Force – National DV Hotline (Yiddish, Hebrew, Russian, Spanish and Hungarian)	1-888-883-2323
Mental Health Association Hotline	856-322-0639
National Hopeline Network – Suicide Prevention	1-800-783-2433
Child Abuse and Neglect	1-877-NJ ABUSE

Dial 2-1-1 24/7 Hotline to find resources Nationwide for ANYTHING

Finding Shelter

Camden County Women's Center- Domestic Violence Shelter	856-227-1234
Joseph's House Services: Homeless shelter for adults over 18 years, no referrals needed	856-246-1087
Mother & Child Residential Services, Inc. Services: Residential treatment program for single parent pregnancies and homeless, with children to age 8	856-853-1761
New Visions Adult Day Center Location: 523 Stevens Street, Camden, NJ Services: Meals, showers, food pantry, clothing, mail, employment search	856-963-0857
Volunteers of America Services: Adult Male Homeless Shelter Anna Sample House – Women	856-966-0909 856-963-0430
Camden County OEO Location: 538 Broadway, Camden NJ 08103 Services: Hotel/Motel Referrals, Emergency Assistance before 4:30 pm, M-F	856-964-6887
Covenant House Services: For homeless and at-risk youth 22 years and younger. Food, clothing, shelter, crisis, health care, educational services, counseling substance abuse, transitional housing, legal and street outreach	1-800-999-9999 24/7: 973-621-8704
Homeless Prevention and Bureau of Housing Services Location: 101 Haddon Avenue, Camden NJ	856-614-3318, 856-614-3300
NJ Housing Corporation Location: 1840 South Broadway, Camden NJ	856-541-1000
Youthbuild Program	856-756-0241

Counseling

Aids Coalition of Southern NJ Phone:	856-933-9500
Batterers Intervention Family Violence Prevention Program/VOA	856-668-2065
Camden County Crisis Center	856-428-4357
Catholic Social Services	856-342-4104
Center for Family Services Location: 594 Benson Street, Camden NJ Services: Various programs to support individuals and families	856-963-0200
Cop 2 Cop Services: 24 Hour Hotline for NJ police officers and their families. Manned by retired officers and clinicians trained in Critical incident Stress Management – respond to calls for debriefing and defusing resulting from critical incidents.	1-866-COP-2COP
Hispanic Family Center – Camden Services: Domestic violence case management and counseling	856-541-6985 Phone Counseling @ 856-365-7393
Jewish Family and Children’s Services	Cherry Hill: 856-424-1333 Mt. Laurel: 856-778-7775
MaryAnne Giello, LCSW Services: Individual victims counseling *Accepts VCCO*	856-854-5458
Office of Youth Services	856-757-7644
Princeton Behavioral Health Location: Camden, Gloucester and Burlington County Services: Inpatient and outpatient care for mental illness and addiction	1-800-242-2550
Project HOPE Location: 439 Clinton Street, Camden NJ 08103 Services: Primary health care, counseling for mental health and substance abuse issues, referrals, social work services, food packages for patients that are diabetic. For the homeless and others in need	856-968-2320
SERV Services: Advocacy, crisis intervention, counseling for victims of sexual violence	866-295-7378
Southern NJ Behavioral Health Resource	856-361-2700
Twin Oaks Services: Individual/family/group therapy, access to psychiatric care, community resources	Children, 856-428-1300 Adults, 856-482-8747
Unity Place Program, LLC. Location: 1 Keystone Suite 100, Cherry Hill NJ Services: Outpatient, intensive outpatient, partial care/MICA treatment	856-424-4142

Family Counseling

PALS – Peace a Learned Solution 856-963-5668
Services: Free creative arts program for children 3 – 12 years,
who have witnessed domestic violence in the home. Transportation provided.

Center for Family Services 1-877-922-2377,
Parenting, Family Success, Parents Resource, Babies Best Start 856-964-1990

CARES Institute 856-566-7036
Provides direct services to children and families that have
experienced sexual abuse, physical abuse, neglect or domestic violence.

Crisis Intervention

Kennedy Crisis Intervention Center 856-488-6897,
Location: Kennedy University Hospital, 856-665-3613
2201 Chapel & Cooper Landing Road, Cherry Hill, NJ

Twin Oaks 609-267-5928
Services: Mental health crisis stabilization, outpatient,
residential and family support for adults and children,
veterans and people with developmental disabilities

Children/Teen Services

Afri-female Institute 609-577-2451
Services: Helping youth becomes responsible citizens,
develop leadership skills, mentoring programs

Center for Children’s Support 856-566-7036
Services: Support group for children of domestic violence

Covenant House 1-800-999-9999
Services: For homeless and at-risk youth 22 years and younger. 24/7: 973-621-8704
Food, clothing, shelter, crisis, health care, educational services,
counseling substance abuse, transitional housing, legal and street outreach

Jewish Family and Children’s Services Cherry Hill: 856-424-1333
Mt. Laurel: 856-778-7775

Mobile Response Team 856-210-1551
Services: 24/7 help for children and youth experiencing emotional
or behavioral crisis. 1-877-652-7624

PALS – Peace a Learned Solution 856-963-5668
Services: Free creative arts program for children 3 – 12 years,
who have witnessed domestic violence in the home

Children’s Behavioral Health Services – 856-251-9059
Ages 5-12 with Trauma

Children/Teen Services (Cont'd)

Perform Care – Department of Children and Families 1-877-652-7624
Services: Youth 5 – 21 years, for children and their families with behavioral or emotional health care challenges

Street Smart Services – Teen Outreach Services 1-800-355-0660

Teen Websites:

<http://www.2ndfloor.org/getinformed/dating-abuse/>

<http://www.loveisrespect.org/>

Protective Services

Child Abuse Hotline 1-800-792-8610

Adult Protective Services 856-225-8178

Location: 600 Market Street-2nd Floor, Camden NJ

Services: Assistance for elderly, disable or homebound clients experiencing domestic violence

Elder and Disabled Services – Community Care Program 1-877-222-3737

Medicare Information and Referral 1-800-792-8820

Area Hospitals-24 Hour Emergency Care

Cooper University Hospital 1 Cooper Plaza, Camden NJ 856-342-2000

Kennedy Univ. Hospital 2201 Chapel Ave West, Cherry Hill NJ 856-488-6500

Kennedy Univ. Hospital 18 East Laurel Road Stratford NJ 856-346-6000

Kennedy Univ. Hospital 435 Hurfville-Cross Keys Rd, Turnersville NJ 856-582-2500

Our Lady of Lourdes Medical Center 1600 Haddon Avenue, Camden NJ 856-757-3500

Virtua Hospital 135 Route 73, Voorhees NJ 856-767-7121

Virtua Hospital 175 N=Brick Road, Marlton NJ 856-335-6000

Medical Services

Rose Foundation www.rosefund.org

Reconstructive surgery for injuries related to domestic violence.

Breast Intentions www.breastintentions.org

Crisis intervention for women who are facing financial hardship as they battle breast cancer.

Camden AHEC 856-963-2432

Location: 514 Cooper Street, Camden NJ

Services: HIV counseling and testing

CAMcare 856-541-3270

Various Locations 856-635-0203

Services: Medical care, women's series, children's services and immunizations, cancer screenings, vision/hearing, dental clinic.

Payment: free or low cost, Medicaid, NJ Family Care, self-pay, sliding scale, private insurance.

Medical Services (Cont'd)

Catholic Charities Services: Eye care	856-764-6940
Cooper Cancer Institute Services: Free Mammograms for uninsured	856-968-7092
Family Health Line Services: 24 Hour Hotline for referrals to treatment for: WIC, pregnancy and postpartum, primary health care, pediatric care, addiction during pregnancy, cancer education and detection, cystic fibrosis, etc.	1-800-328-3838
HOP Clinic Services: Individuals in need of medical care. Student-run, free primary healthcare.	http://clc.camden.rutgers.edu/HOP_Clinic.html
NJCEED www.state.nj.us/health/cancer/njceed Services: Cancer screening	1-800-328-3838
NJ Charity Care/NJ Hospital Care Payment Assistance Program Services: Assistance with paying hospital bills. Must apply within 1 year of receiving services. Open to low income people without health coverage and ineligible for Medicaid and NJ Family Care.	1-866-588-5696 1-800-367-6543
NJ Family Care Services: Health insurance covers doctor's visits, eyeglasses, lab tests, x-rays, hospitalization, prescriptions, mental health. Dental is for children only. Uninsured children and low income parents.	1-800-701-0710
NJ Family Care Advantage Services: Discounted health insurance for families who exceed income level.	1-800-637-2997
NJ Protect Services: Health Care Program open to NJ residents with pre-existing medical conditions who have been uninsured for at least 6 months.	www.state.nj.us/dobi.division_insurance/njprotect/index.html
Office of Minority Health Resource Center Services: Spanish speaking operators available	1-888-444-6472
Payless 4 Meds Services: Prescription Assistance	1-888-287-0929
Planned Parenthood Locations: 35 Browning Road, Bellmawr NJ & 317 Broadway Street, Camden NJ Services: Sexual health services – birth control, education, pregnancy tests, STD test/treatment, LGBTQ services, emergency contraception, abortion referral	856-365-3519
Project HOPE Location: 439 Clinton Street, Camden NJ 08103 Services: Primary health care-medical and dental, counseling for mental health and substance abuse issues, referrals, social work services. Homeless and others in need.	856-968-2320
SJ Breast Cancer Coalition Services: Client assistance fund	856-768-9028

Medical Services (Cont'd)

SNJPC-Southern New Jersey Perinatal Cooperative 856-665-6000
Services: Pregnant women, infants and children in South Jersey. 856-963-1013
Pregnancy and planning, child development, smoking, breast feeding,
healthy homes, postpartum depression.

Dental Services

Camden County College 856-374-4930
Location: Taft Hall, Room 204 200 College Drive Blackwood NJ
Services: Dental clinic: cleaning, x-rays, sealants, fluoride.
Self-pay: All services are under \$10. Must be 5 years and older.

Dental Lifeline Network 1-800-829-4619
Services: NJ residents permanently disabled, medically at risk, or age 65+

UMDNJ – Somerdale 856-566-6969
Location: 13 Somerdale Square, Somerdale NJ
Services: All dentistry needs, Ages 5 years and older, accepts
Medicaid, NJ Family Care, self-pay, sliding scale and private insurance

Virtua Dental Health Clinic 856-246-3545
Location: 100 Atlantic Avenue, Camden NJ
Services: Dental needs, 5 years and older, Accepts charity care,
self-pay, Medicaid, and private insurance

Substance Abuse

Addictions Hotline of NJ 1-800-322-5525
Alcoholics Anonymous 856-486-4446
Alcoholism and Drug Treatment 856-486-4444
Ala-Non and Ala-Teen 856-547-0855
Camden Treatment Associates, Inc. 856-338-1811
Kennedy Health System-SUBSTA 1-800-528-3425
La Esperanza – Bilingual Program 856-428-5688
Living Proof Recovery Center 856-967-3268
Maryville – Rehabilitation 856-629-0244
Nar-anon – For friends and relatives 877-424-4491
New Horizons 609-394-8988
Princeton House – Women’s Services Outpatient 856-779-8455
Project HOPE 856-968-2320

Financial Assistance

Camden County OEO 856-365-8989
Location: 538 Broadway, Camden NJ 08103
Services: Emergency Assistance before 4:30 pm, M-F

Camden County Board of Social Services 856-225-8800
Location: 600 Market Street, Camden NJ 1-800-786-5080,
Services: Emergency financial assistance, 8am-4:30 pm M-F 24/7 Emergency
Back rent, back mortgage, food, clothing, housing, shelter, etc. 856-225-5143 ext. 1

Financial Assistance (Cont'd)

Catholic Charities 856-342-4100 ext.
Services: Emergency assistance, rent 4193

Employment

Camden County Resource Center 856-968-4200
Hours: 8:30-4:30 pm M-F

Camden Center for Youth Development 856-963-4060

KRA Corporation 856-541-1372

Location: 800 Cooper Street-Suite 500, Camden NJ

Services: Operates programs that provide welfare applicants and recipients with intensive case management, academic and occupational training, job placement and retention, and supportive services.

Housing

Camden County Board of Social Services 856-225-8800
Location: 600 Market Street, Camden NJ 1-800-786-5080,
Services: Emergency financial assistance, 8am-4:30 pm M-F 24/7 Emergency

NJ Housing Resource Center <http://nj.gov/njhrc>

Affordable Housing who will work with financially challenged DV survivors:

Powell-Peters Estate Agency
Contact: Barbara Powell-Peters 856-541-3800

Sergie Farms Apartments
Contact: Nicolette, Manager 856-751-4414

*Minimum income for a single is \$25,300

Clothing

Unforgotten Haven 856-214-2901
100 S Black Horse Pike
Blackwood, New Jersey

Image and Attitude 856-910-7650
Location: 6500 Madison Avenue, Suite B, Pennsauken NJ
www.imageandattitude.org

New Visions Community Services 856-963-0857
Location: 520 Stevens Street, Camden NJ

CCWC can connect clients to agencies for clothing as well.

Additional Support/Misc. Resource Needs

Women's Referral Central Hotline (800) 322-8092
Services: 24 hours a day/7 days a week Hotline provides comprehensive information including but not limited to: Child Care, Discrimination, Displaced Homemaker, Divorce, Employment, Housing, Job Training, Legal Assistance, Single Parenting, Social Services

Food Resources

1. Philabundance at St. John Baptist Church
 - 400 N. 30th Street Camden, NJ 08105
 - 1-800-319-3663
 - Distributes fresh produce - Every Tuesday from 9:30-10:30AM; No eligibility requirements; basic info requested
2. St. Paul's Episcopal Church
 - 422 Market Street, Camden, NJ 08104
 - 856- 429-0007
 - Fri Food Basket: State food bag; Sun Breakfasts: pancakes & eggs; Sun "Song and Supper:" service & community supper. Every Fri: 8AM - food gone; Every Sun: "Pancake House" 9AM-10AM; Every Sun Night: begins at 6PM ID & proof of address; Nothing required for breakfast
3. Koinonia Family Life
 - 1658 Mount Ephraim Ave. Camden, NJ 08104
 - 856- 757-4899
 - Meat, canned goods, boxed food, rice, frozen vegetables 3rd Sat each month: 9-11:30AM; Last two weeks of month, Mon-Thurs: 10AM-12PM Enrollment req: address, income, photo ID, verify # of children; never turn anyone away, but needs ID
4. Rutgers Cooperative Extension
 - 424 Lawrence Street, Camden, NJ 08102
 - 856-225-6169
 - Non-perishables; sometimes frozen meat; Mon: 10:30-11:30am ID; Proof of residence/income (if available)
5. AIDS Coalition of Southern New Jersey Camden
 - 856-338-1650
6. Salvation Army Camden
 - 856-338-1700
7. Family Service and Community Center at St. Anthony's Camden
 - 856-342-4100
8. Catholic Charities Diocese of Camden
 - 2907 Federal St, Camden, NJ, 08105 & 1845 Haddon Ave, Camden, NJ, 08103
 - 856-342-4193
 - The charity has multiple locations around Camden Co. They are listed below for immediate emergency assistance or help in applying for social services. They can provide free food, meals, clothing, thrift stores, shelter, and maybe even financial assistance for paying rent, electric bills, and other basic necessity assistance.
9. Gatekeeper Ministries International Camden
 - 856-342-8045
10. The Neighborhood Center
 - 278 Kaighn Ave., Camden, NJ
 - 856-365-5295
 - Always Hot Food; Mon-Fri:12-1PM; Emergency food distributed after 1PM; Nothing required for daily meal; ID & proof of public assistance (SNAP) required for emergency food
11. St. Paul's Episcopal Church Camden
 - 856-365-5880
12. Your Food Shelf
 - 1500 Federal Street Camden, New Jersey, 08105
 - 856-365-6475
13. Hope Memorial Baptist Church Camden
 - 856-365-6552
14. Mt. Olivet Seventh-day Adventist Church
 - 800 Chelton Ave, Camden, NJ, 08104
 - 856-365-9309
15. Hope Community Outreach
 - 1299 Morton St., Camden, NJ 08103
 - 856-379-6687
 - Non-perishables; 4th Tues of month through Friday 8AM-5PM; Proof of address, income, and ID; proof of residency, required for state food bags
16. Jewish Community Relations Council Cherry Hill
 - 856-424-1333
17. Senior Community Services
 - 537 Nicholson Road, Audubon, NJ 08106
 - 856-456-1121 ext. 45
 - Non-perishables - Eligible to pick up food pantry supplies once/month; Emergency food once/yr; 60+, proof of income; Camden County only
18. Lighthouse Baptist Church Gloucester City
 - 856-456-8595
19. Cherry Hill Food Counsel
 - 102 Chapel Ave. Cherry Hill, NJ
 - 856-482-0678
20. Church of the Living God Camden
 - 856-482-2758
21. Faith Tabernacle Church Camden
 - 856-541-4500
22. Evangelism Today Christian Church Camden
 - 856-541-7977
23. Group Homes of Camden County
 - 331 Grand Ave. Camden, NJ, 08105
 - 856-541-8003
24. Group Homes of Camden County Camden
 - 856-541-8003, ext. 10

25. Crestbury Apartments Social Services Camden
 - 856-541-9710
26. New Covenant Community Church
 - 255 Edgewood Ave. Audubon, NJ, 08106
 - 856-546-0344
27. Grace Bible Church
 - 887 Clements Bridge Rd., Barrington, NJ 08007
 - 856-546-4885
 - Food Pantry nonperishable (*ONLY: Audubon, Barrington, Bellmawr, Haddon Heights, Lawnside, Mt. Ephraim, Runnemede) 2nd and 4th Tues each month 7-9PM; Proof of residency, proof of income for each member of the household: children (custody agreement), adults (documentation of aid)
28. Logan Memorial Presbyterian Church
 - Address is the corner of White Horse Pike and Merchant St., Audubon, NJ, 08106
 - 856-547-5571
29. Church of Annunciation Lawnside
 - 856-547-6878
30. Mount Ephraim Cares Food Pantry
 - 11 N Black Horse Pike, Mount Ephraim, New Jersey, 08059
 - 856-559-0116
 - Clients can be given a box of groceries as well as information on state of New Jersey assistance, such as USDA commodities from CSFP or SNAP food stamps.
31. Safe Passage
 - 1300 Thurman St., Camden, NJ 08104
 - 856-577-8719
 - Non-perishables 2nd Wed 12-2PM, 4th Sat, 12-2PM each month (emergency bags avail.) ID required
32. Mt Calvary Baptist Church
 - 1198 Penn Street, Camden, NJ 08102
 - 856-614-1991
 - Tues: Fresh fruits and vegetables, dairy products, meat, baked items, bread, milk, juice; Farmers against Hunger brings fresh, seasonal produce; Fri: fresh produce and nonperishable's; Tues 11:30AM-2PM; Fri 12-2PM (check-in at 10:30AM Tues&Fri); 2nd Saturday of each month—Outreach breakfast Tues & 2nd Sat - No ID required; Fri - ID
33. St. Vincent DePaul Society Our Lady of Guadalupe Conference
 - 100 S Ave., Lindenwold, NJ, 08021
 - 856-627-8824
 - Volunteers from this church feed the working poor. Fruits, baby formula for low income parents, holiday meals, and other aid is offered.
34. Circle of Caring Turnersville
 - 856-639-4228
35. Temple Lutheran Church
 - 5600 North Route 130, Pennsauken, NJ 08109
 - 856-663-7783
 - Coffee, donuts, and bag of non-perishables - 4th Tue each month 6:30PM ID, proof of residence & income, SSI card, SNAP, WIC documentation
36. Little Rock Baptist Church
 - 1210 Kenwood Ave, Camden, New Jersey, 08103
 - 856-757-0440
 - Meals, shelter, counseling, and other services are offered to the poor and low income.
37. Corner Cupboard Chesthurst
 - 856-767-3283
38. God's Interfaith Food Table Berlin
 - 856-767-3881
39. St. Vincent De Paul Society-Berlin
 - 157 W White Horse Pike Berlin, New Jersey, 08009
 - 856-767-7391
40. Atco Assembly of God Church
 - 615 Jackson Rd, Atco, New Jersey, 08004
 - 856-768-0022
41. St. Edward's Food Pantry 500 Erial Rd, Pine Hill, NJ 08021
 - 856-783-2670
 - Emergency boxes of food as well as Christmas and Thanksgiving meals are served.
42. Cedar Lane Missionary Homes Laurel Springs
 - 856-783-6525
43. Bethany Baptist Church
 - 1115 E Gibbsboro Rd, Lindenwold, NJ 856-784-2220
 - A box of food lasting a few days as well as personal hygiene items, such as soap and shampoo, may be provided by the charity.
44. Sacred Heart Food Sharing Program Camden
 - 856-829-7608

45. Collingswood Food Pantry
- 832 Park Ave Collingswood, New Jersey, 08108
 - 856-854-0860
 - Non-perishable boxes of food, such as rice and soup, are available in Camden County. Volunteers will also try to deliver meals to senior citizens or low income homebound families.
46. First United Methodist Church-Mt. Ephraim
- 856-858-4322
47. St. Maria Goretti Church, St. Vincent de Paul Society
- 321 Orchard Ave, Runnemede, New Jersey, 08078
 - 856-933-0037
 - Various social assistance programs are administered. them for government surplus food, rent assistance, groceries, meals, and other perishable items.
48. St. Luke's UAME Church Lawnside
- 856-933-2857
49. St. Teresa Church, St. Vincent de Paul Society
- 13 E. Evesham Road, Runnemede, NJ, 08078
 - 856-939-1681
 - Access to the Camden County food bank and the free programs and foods offered. Some clothing, holiday meals, thrift stores, and baby supplies may be offered too.
50. New Visions Day Shelter
- 523 Stevens Street Camden, NJ 08103
 - 856-963-0857
 - Hot Meals: breakfast & lunch; hot showers & dental care; Mon-Fri: Breakfast 9:30, Lunch 12:30; Emergency Food Bag after 15th of month 10AM-12PM Nothing required for day shelter; Emerg. Food Bag -ID, proof residency, & SNAP
51. Camden Area Health Education Center Neighborhood Health Van
- 856-963-2432
52. Cathedral of Immaculate Conception
- Cathedral Hall at N. Broadway and Federal St., Camden, NJ 08102
 - 856-964-1580
 - Daily Sandwich & Snack; NJ State food bag–rice, chicken, and canned goods; HOT FOOD: soup 10AM-2PM: Mon-Fri (snack); 3rd Tues. of each month (food bag); 1 time/wk, usually Wed (hot food) ID required ONLY for State food bag; nothing required for snack and hot food
53. Parkside United Methodist Church
- 1420 Kaighns Ave., Camden, NJ 08103
 - 856-964-2254
54. St Joseph's Pro Cathedral
- 2907 Federal Street, Camden, NJ08105
 - 856-964-2776
 - Non-perishables Mon: all day; Fri: 9AM-12PM; Only serve single seniors & zip codes: 08105, 08109, 08110; ID, proof address, income, & family
55. Family Service and Community Center at St. Joe's Camden
- 856-964-2776, ext. 401
56. Hispanic Counseling and Family Services Day Care, After-School Program Camden
- 856-964-3883
57. South Camden Christian Fellowship
- 1722 Broadway, Camden, NJ, 08104
 - 856-964-4545
 - Food assistance is offered to people regardless of background.
58. Cathedral Kitchen
- 1514 Federal Street Camden, NJ 08105
 - 856-964-6771
 - HOT MEALS: entrée, side dishes, bread, dessert and beverage; NOTE -Culinary Arts Training Program and Supportive Services (housing, childcare, dental and vision care) Mon-Fri: 4-5PM (Dinner); Sat: 12-1PM (Lunch) Nothing required.
59. New Hope Temple Church Camden
- 856-966-034